



Truly India

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Trek - Chamba

Duration: 13N/14D

Key Sights: Delhi - Amritsar - Dharamsala - Mcleodganj - Triund - Lahesh Cave - Indrahhar Pass - Chatru Parao - Kuarsi - Lamu - Choli village - Chamba - Pathankot – Delhi

Season: Apr- June, Sept-Oct

Max Altitude: 3660 mts

Day	Route	Altitude	Mode	Distance / Time
Day 01	Home - Delhi		By flight	
Day 02	Delhi - Amritsar		By Train	
Day 03	Amritsar			
Day 04	Amritsar - Dharamsala		By Road	148 KM/04 Hours approx
Day 05	Dharamsala			
Day 06	Dharamsala - Mcleodganj	(1770m)	By Road	06 KM/20 Min approx
	Mcleodganj - Triund	(2800m)	By Trek	09 KM/04 Hours approx
Day 07	Triund	(2800m)		
Day 08	Triund - Lahesh Cave	(3600m)	By trek	06 KM/05 Hours approx
Day 09	Lahesh - Indrahhar Pass - Chatta Parao	(4350m)	By Trek	07 KM/06 Hours approx
Day 10	Chatru Parao - Kuarsi	(2730m)	By Trek	14 KM/05 Hours approx
Day 11	Kwarsi - Lamu - Choli village.	(2730m)	By Trek	08 KM/04 Hours approx
Day 12	Choli Village - Chamba	(726 m)	By Road	50 KM/02Hours approx
Day 13	Chamba - Pathankot		By Road	56 KM/02 Hours approx
	Pathankot - Delhi		By Train	
Day 14	Delhi - Home		By Flight	

Important Information:

- Tours will operate with minimum 06 Pax.
- Check-in / out time is 12 noon at most of the hotels.
- Extension to other places is also possible with a minimal extra cost.
- Additional nights are available at each place with minimal supplement.
- A visa is required and must be obtained prior to your departure from your Country.
- If quoted hotel is not available, we will provide one of a similar category and standard.
- Small deviations in the tour program are sometimes necessary, depending on weather,
- Road conditions, flight schedules and room availability.
- In case the government changes **presently applicable taxes, increase in airlines prices,**
- **Fuel surcharge** our rates will need to be adjusted accordingly.



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- In India there is no relevance between the distance and time of travelling, as it depends
- Upon the condition of the roads and congestion of the traffic.
- While every effort will be made to maintain the itinerary, in view of local strikes etc that Are beyond our control all schedule and itineraries are subject to last moment changes.
- Clients must be fully insured, as the company cannot accept liability for loss or damage to client's property, medical emergencies or any other loss suffered by them whilst on tour.
- In case of issuing Domestic or International air tickets, SGV is not responsible for any Refund if the flight is delayed or cancelled, as it is the responsibility of airline.

Day 01

Home - Delhi

By flight

Arrive Delhi, Meet & assist at the airport with fresh flower garlands and transfer to hotel. Overnight at hotel.

Day 02

Delhi - Amritsar

By Train

After breakfast transfer to Delhi railway station to catch train for Amritsar. On arrival, transfer to hotel. Overnight at hotel.

Day 03

Amritsar

After breakfast city tour of Amritsar.

Golden Temple - located in the heart of the city is the Golden Temple, the most visited tourist attraction of Amritsar. Characterized by its four entrance doors (called deoris) in all four directions and the tastefully decorated shrines, in terms of art and architecture, the Golden Temple welcomes everyone regardless of the religion or faith one follows. The stunning sanctum, shimmering in the water of the holy tank, flanked by spotlessly clean marble walkways and pavements makes it breathtakingly beautiful.

Jalianwallah Bagh - A historical monument that tells the sad story of mass killing during the independence movement in India, Jalianwallah Bagh is another must visit in Amritsar. Here lies the memorial of the martyrs of the 1919 massacre by British General Dyer. Presently the place also has a park. The Martyr's Gallery is open from 9 am to 5 pm in summers and from 10 am to 4 pm during winters.

Evening visit Wagah Border.

One of the many nearby places to visit from Amritsar is the Wagah Border. Located on the Indo-Pakistan border, Wagah is 28 kilometers from the Amritsar main town. A good number of visitors come to this place to see the change of guard's ceremony and the flag hoisting



and lowering activities that are done with great skill and precision by the border security forces of both the countries. A site you cannot afford to miss. Later, return back to hotel for overnight.

Day 04	Amritsar - Dharamsala		By Road	148 KM/04 approx.	Hours
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After breakfast transfer to Dharamsala. On arrival check in to hotel for overnight

Day 05	Dharamsala				
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Morning after breakfast full day sightseeing of Dharamshala.

Dharamsala - Set against the snow-clad Dhauladhar mountains, Dharamshala nestles on the high slopes in the upper ranges of Kangra valley. It is a picturesque town set among thick conifer forests. Dharamshala, where the celebrated Dalai Lama has settled in exile is a spectacular Tibetan township. Blessed with marvellous landscapes, Dharamshala is a travellers paradise with lofty snow peaks, deep gorges, lush green valleys, gushing rivers, enchanting mountain lakes, flower-adorned meadows, beautiful temples and striking monasteries, it feels like you have stepped back in time. Dharamsala offers sightseeing which ranges from temples, churches and monasteries to museums, ancient towns to places of natural beauty.

Tsuglagkhang Temple: Tsuglagkhang Temple is the most known Buddhist site in McLeodganj. Here are three majestic images of Buddha, including a gilded statue of Shakyamuni, statues of Valokitesvara and Padamasambhava, or Guru Rinpoche, the Indian scholar who is attributed with the introduction of Buddhism and Tantric teachings to Tibet in the 8th century.

Kalachakra Temple: Set next to the Tsuglagkhang Temple, the Kalachakra Temple is open to the public as the center for pilgrimage. Because of its murals and architecture, it also serves as a representation of Tibet’s rich spiritual and artistic ethnicity. The Dalai Lama uses this temple as the center for public teaching.

The Namgyal Monastery: Established by the 3rd Dalai Lama, this monastery serves exclusively the Dalai Lamas. A unique feature of this monastery is its diversity of practice. Namgyal monks perform prayers and rituals of all the major schools of Tibetan Buddhism.

Dip Tse-Chok Ling Gompa: This beautiful little gompa is situated at the base of a steep track. The main prayer hall contains an image of Shakyamuni, as well as two enormous drums covered in goat skin and painted around the rim, which were made by monks at the gompa. Here you will also find some superb butter sculptures, which are made during Losar. Fine and detailed sand mandalas are also made here. Overnight at hotel.



Day 06	Dharamsala - Mcleodganj Mcleodganj - Triund	(1770m) (2800m)	By Road By Trek	06 KM/20 Min approx 09 KM/04 Hours approx.
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After morning breakfast drive to Mcleodganj trekking start point and start trekking to Triund. Mcleodganj to Triund, gradual trek. The trek offers you panoramic views of Bhagsu village, Mcleodganj, Dharamsala, Kangra valley and distant views of shivalik hills and plains of Punjab. Overnight at camp at Triund.

Day 07	Triund	(2800m)		
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Acclimatize to the high altitude at Triund, walk around the area. Overnight camping.

Day 08	Triund - Lahesh Cave	(3600m)	By trek	06 KM/05 Hours approx.
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Where the snow line starts, this trek mostly used by Gaddis (shepherds) is a moderate climb begins with rocky path with oak, tosh and birch wood, vegetation enroute ends at the elevation of 3200 km. And snow line starts. Hot lunch will be served at local café before Illaqua. Lahesh cave 3550m a natural rock cave shelter. After finishing the trek, quite evening, relaxing at campsite.

Day 09	Lahesh - Indrahara Pass - Chhatta Parao	(4350m)	By Trek	07 KM/06 Hours approx.
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It is a day to go across the Indrahara pass. Chhatta Parao is at the bottom of the Indrahara pass passing through the soft snow and icy streams usually in the month of May the trek passes over rock faces and steep climbs. Many peaks i.e. Dromedary, Camel's slab, Rifthorn, Arthur's Stool and Mun (4650m), visible on both sides of the pass. There is magnificent view of the Kangra and chamba valleys and a distant view of Middle and Greater Himalays. From Indrahara pass trek heads downwards to Chhatta Parao overnight stay at the campsite at Chhatta Parao.

Day 10	Chhatta Parao - Kuarsi	(2730m)	By Trek	14 KM/05 Hours approx.
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This going to be long and challenging day since passing through the glacier and steep and narrow trek descend to Chhatta Nullah (stream), which is 6km. Passing through the whole stretch we reach Kuarsi a beautiful Gaddi village surrounded by pine trees and lush green fields. After along tiring day relax at the overnight campsite in the village known for its hospitable people.

Day 11	Kuarsa - Lamu - Choli village.	(2730m)	By Trek	08 KM/04 Hours approx.
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Before leaving Kuarsi visit to Shiva village temple, descend to village Lamu. At some spots the trek is narrow. Choli is a village just a km from Kuarsi which is our last destination of



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trekking. The village has the connective road to Chamba district (50km) and Bharmour (14km).

Day 12	Choli Village - Chamba	(726 m)	By Road	50 KM/02Hours approx.
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After breakfast drive to Chamba on arrival check in to hotel.

PM: visit chamba, Overnight at hotel.

Day 13	Chamba - Pathankot Pathankot - Delhi		By Road By Train	56 KM/02 Hours approx.
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After breakfast, later drive towards Pathankot to catch Overnight train for Delhi

Day 14	Delhi - Home		By Flight	
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Morning transfer to airport to catch flight for home.